

S.O.A.P.Y.

Before you actually begin to read, please take a minute to read this and the next page. SOAPY is a method of Bible study that helps us live out what we read.

S - SCRIPTURE: Read the scripture passage aloud so you can hear it. Second, write the key verses in your journal. Both reading it aloud and writing it will help put the scripture in your mind and heart.

O - OBSERVATION: Ask yourself the question, "**What is God teaching me in this scripture?**" As you ask yourself the question, your mind will be full of thoughts. Write those thoughts down. You will know what is being communicated as you reflect upon what you have written.

A - APPLICATION: Ask yourself the question, "**How does this scripture apply to my life?**" As you reflect upon the question, look for promises to claim, attitudes to change, challenges to accept, sins to confess, commands to obey, actions to take, examples to follow, or skills to learn. Write in your journal how the scripture applies to you and to your life situations.

P - PRAYER: Write a prayer to God. Depending on what you have read and written **the prayer might be one of praise and thanksgiving, a prayer asking God to help you apply the teaching to your life, or a prayer of confession.** This is your prayer to God. The discipline of writing your prayer will lead to transformation.

Y - YIELDING: As you complete your "SOAPY" Bible Study, ask yourself the question, "**What of my life must I yield to God?**" **This is the question that leads to obedience.** Everyday, through Bible study, you will have the opportunity to yield a little more of your life to the Lordship of Jesus Christ. The prayer I use each day that leads to yielding is, "Lord, by your grace grant me the obedience to yield another part of my life to you today."

A word about some of the readings. As you read you will notice that some of the reading go beyond one chapter and end in the middle of the next chapter. Why? The answer is simple. The chapter and verse numbers were added much later (chapters about the 4th century and verses were added in 1511). The chapter divisions and verse divisions were not added at always the best places as they sometimes interrupt the biblical authors train of thought. So when you see this: MATTHEW 6:19-7:6, our reading for June 8, you will begin that day's reading in the 19th verse of chapter 6 and read through the 6th verse of chapter 7. There are many of those in the readings, so just be aware of that.

Why take a year to read the NT? It isn't that long. True. But when we try to read it fast, we usually get more concerned with the amount of material read than with the content of what we read. So, this method is more concerned with the content. What is it saying, what did it say to me, and what does it mean for me and to me? A shorter reading allows for more time for reflection.

Here is an example of a SOAPY journal entry:

S

(Matthew 5:37) Let what you say be simply "Yes" or "No"; anything more than that comes from evil.

O

This was spoken in the context of God becoming human and delivering us from the powerful entrapments of Evil. Specifically, people had been inflating their talk and ideas with wordy promises, hoping their elaborate, overworked props would make them more acceptable and convincing. Ah, the strength of simplicity. They didn't understand love or freedom.

A

In this "good advice," I hear Jesus encouraging a much simpler life. No longer do I have to overwork my justifications for who I am or what I do. The honesty of my uncluttered statements and the integrity of my explanations will either confirm or contradict who I am. Phew! I have much better ways to spend my limited time and energy. There are much better issues to attend to.

P

Lord, it's clear that Evil would have me fussing over pointless causes. Help me to live simply, to speak plainly and truthfully. I want to live with integrity before You and people. Help me shed the clutter of extra words and misspent anxieties. Thank You for giving us this freedom of thought and refreshing power.

This example doesn't have the "Y" but don't forget to add the Yield. How or what do I need to YIELD to God to make this passage work in my life?

If you have any questions about the program, please let Bro. Ron know and he will be glad to help you.

June 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------------------------|---------------------------|------------------------------|------------------------------|------------------------------|---------------------------|------------------------------|
| | 1 MATTHEW 1 | 2 MATTHEW 2 | 3 MATTHEW 3 | 4 MATTHEW 4 | 5 MATTHEW 5:1-20 | 6 MATTHEW 5:21-48 |
| 7 MATTHEW 6:1-18 | 8 MATTHEW 6:19-7:6. | 9 MATTHEW 7:7-29 | 10 MATTHEW 8:1-27 | 11 MATTHEW 8: 28-9:27 | 12 MATTHEW 9:18-38 | 13 MATTHEW 10:1-25 |
| 14 MATTHEW 10:26-11:1 | 15 MATTHEW 11:2-30 | 16 MATTHEW 12:1-21 | 17 MATTHEW 12:22-50 | 18 MATTHEW 13:1-23 | 19 MATTHEW 13:24-43 | 20 MATTHEW 13:44-14:13 |
| 21 MATTHEW 14:14-36 | 22 MATTHEW 15:1-28 | 23 MATTHEW 15:29-16:12 | 24 MATTHEW 16:13-17:13 | 25 MATTHEW 17:14-18:14 | 26 MATTHEW 18:15-35 | 27 MATTHEW 19:1-15 |
| 28 MATTHEW 19:16-20:16 | 29 MATTHEW 20:17-34 | 30 MATTHEW 21:1-32 | | | | |

July 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------|---------------------------|----------------------------|-----------------------------|--------------------------|---------------------------|--------------------------|
| | | | 1 MATTHEW 21:33-22:14 | 2 MATTHEW 22:15-46 | 3 MATTHEW 23 | 4 MATTHEW 24:1-18 |
| 5 MATTHEW 24:29-51 | 6 MATTHEW 25:1-30 | 7 MATTHEW 25:31-26:2 | 8 MATTHEW 26:3-30 | 9 MATTHEW 26:31-57 | 10 MATTHEW 26:58-75 | 11 MATTHEW 27:1-26 |
| 12 MATTHEW 27:27-44 | 13 MATTHEW 27:45-66 | 14 MATTHEW 28 | 15 ACTS 1 | 16 ACTS 2:1-21 | 17 ACTS 2:22-47 | 18 ACTS 3 |
| 19 ACTS 4:1-31 | 20 ACTS 4:32-5:11 | 21 ACTS 5:12-42 | 22 ACTS 6 | 23 ACTS 7:1-29 | 24 ACTS 7:30-8:4 | 25 ACTS 8:5-40 |
| 26 ACTS 9:1-31 | 27 ACTS 9:32-43 | 28 ACTS 10:1-23 | 29 ACTS 10:24-48 | 30 ACTS11:1-18 | 31 ACTS 11:19-30 | |

August 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------|----------------------|--------------------|---------------------------|---------------------|--------------------------|---------------------|
| | | | | | | 1 ACTS 12 |
| 2 ACTS 13:1-25 | 3 ACTS 13:26-52 | 4 ACTS 14 | 5 ACTS 15:1-21 | 6 ACTS 15:22-35 | 7 ACTS 15:36-16:15 | 8 ACTS 16:16-40 |
| 9 ACTS 17:1-15 | 10 ACTS 17:16-34 | 11 ACTS 18:1-22 | 12 ACTS 18:23-19:20 | 13 ACTS 19:21-41 | 14 ACTS 20:1-16 | 15 ACTS 20:17-38 |
| 16 ACTS 21:1-16 | 17 ACTS 21:17-40 | 18 ACTS 22:1-21 | 19 ACTS 22:22- | 20 ACTS 23:12-35 | 21 ACTS 24 | 22 ACTS 25:1-22 |
| 23 ACTS 23-26:11 | 24 ACTS 26:12-32 | 25 ACTS 27:1-26 | 26 ACTS 27:27-28:10 | 27 ACTS 28:11-31 | 28 MARK 1:1-20 | 29 MARK 1:21-45 |
| 30 MARK 2:1-22 | 31 MARK 2:23-3:12 | | | | | |

September 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------|----------------------------|----------------------|------------------------|---------------------------|-----------------------------|----------------------|
| | | 1 MARK 3:13-35 | 2 MARK 4:1-20 | 3 MARK 4:21-41 | 4 MARK 5:1-20 | 5 MARK 5:21-43 |
| 6 MARK 6:1-29 | 7 MARK 6:30-56 | 8 MARK 7:1-23 | 9 MARK 7:24—8:10 | 10 MARK 8:11-26 | 11 MARK 8:27-9:13 | 12 MARK 9:14-32 |
| 13 MARK 9:33-50 | 14 MARK 10:1-31 | 15 MARK 10:32-52 | 16 MARK 11:1-26 | 17 MARK 11:27-12:17 | 18 MARK 12:18-44 | 19 MARK 13 |
| 20 MARK 14:1-26 | 21 MARK 14:27-52 | 22 MARK 14:53-73 | 23 MARK 15:1-23 | 24 MARK 15:24-47 | 25 MARK 16:1-8 (9-20) | 26 1 PETER 1:1-12 |
| 27 1 PETER 1:13- 2:10 | 28 1 PETER 2:11- 3:7 | 29 1 PETER 3:8—22 | 30 1 PETER 4 | | | |

October 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------|--------------|--------------|-------------|--------------|--------------|--------------|
| | | | | 1 | 2 | 3 |
| | | | | 1 PETER 5 | 2 PETER 1 | 2 PETER 2 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 2 PETER 3 | JAMES 1 | JAMES 2 | JAMES 3 | JAMES 4 | JAMES 5 | JUDE |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| LUKE 1:1-25 | LUKE 1:26-56 | LUKE 1:57-80 | LUKE 2:1-21 | LUKE 2:22-52 | LUKE 3 | LUKE 4:1-15 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| LUKE 4:16-44 | LUKE 5:1-16 | LUKE 5:17-39 | LUKE 6:1-19 | LUKE 6:20-49 | LUKE 7:1-29 | LUKE 7:30-50 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| LUKE 8:1-21 | LUKE 8:22-39 | LUKE 8:40-56 | LUKE 9:1-17 | LUKE 9:18-36 | LUKE 9:37-62 | LUKE 10:1-24 |

November 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------|------------------------------|---------------------------|---------------------------|---------------------------|--------------------------|---------------------------|
| 1 LUKE 10:25-42 | 2 LUKE 11:1-13 | 3 LUKE 11:14-36 | 4 LUKE 11:37-54 | 5 LUKE 12:1-21 | 6 LUKE 12:22-40 | 7 LUKE 12:41-59 |
| 8 LUKE 13:1-21 | 9 LUKE 13:22-35 | 10 LUKE 14:1-24 | 11 LUKE 14:25-15:10 | 12 LUKE 15:11-32 | 13 LUKE 16 | 14 LUKE 17:1-19 |
| 15 LUKE 17:20-18:14 | 16 LUKE 18:15-43 | 17 LUKE 19:1-28 | 18 LUKE 19:29-48 | 19 LUKE 20:1-19 | 20 LUKE 20:20-21:4 | 21 LUKE 21:5-38 |
| 22 LUKE 22:1-30 | 23 LUKE 22:31-53 | 24 LUKE 22:54-23:12 | 25 LUKE 23:13-46 | 26 LUKE 23:47-24:12 | 27 LUKE 24:13-46 | 28 LUKE 23:47-24:12 |
| 29 LUKE 24:13-53 | 30 1 THESSALONI- ANS 1 | | | | | |

December 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------|--------------------------------|----------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|--------------------------------|
| | | 1 1 THESSALONI- ANS 2:1-16 | 2 1 THESSALONI- ANS 2:17-3:13 | 3 1 THESSALONI- ANS 4 | 4 1 THESSALONI- ANS 5 | 5 2 THESSALONI- ANS 1 |
| 6 2 THESSALONI- ANS 2 | 7 2 THESSALONI- ANS 3 | 8 1 CORINTHIANS 1 | 9 1 CORINTHIANS 2 | 10 1 CORINTHIANS 3 | 11 1 CORINTHIANS 4 | 12 1 CORINTHIANS 5 |
| 13 1 CORINTHIANS 6 | 14 1 CORINTHIANS 7 | 15 1 CORINTHIANS 8 | 16 1 CORINTHIANS 9:1-23 | 17 1 CORINTHIANS 9:24-10:14 | 18 1 CORINTHIANS 10:15-11:1 | 19 1 CORINTHIANS 11:2-34 |
| 20 1 CORINTHIANS 12 | 21 1 CORINTHIANS 13 | 22 1 CORINTHIANS 14 | 23 1 CORINTHIANS 15:1-34 | 24 1 CORINTHIANS 15:35-58 | 25 1 CORINTHIANS 16 | 26 2 CORINTHIANS 1 |
| 27 2 CORINTHIANS 2 | 28 2 CORINTHIANS 3:1-4:7 | 29 2 CORINTHIANS 4:7-5:10 | 30 2 CORINTHIANS 5:11-6:10 | 31 2 CORINTHIANS 6:11-7:16 | | |

January 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------|--------------------------|-------------------------------|-----------------------------------|-------------------------|--------------------------|-------------------------|
| | | | | | 1 2 CORINTHIANS 8 | 2 2 CORINTHIANS 9 |
| 3 2 CORINTHIANS 10 | 4 2 CORINTHIANS 11 | 5 2 CORINTHIANS 12:1-13 | 6 2 CORINTHIANS 12:14-13:14 | 7 ROMANS 1:1-16 | 8 ROMANS 1:17- 32 | 9 ROMANS 2 |
| 10 ROMANS 3 | 11 ROMANS 4:1-22 | 12 ROMANS 4:23-5:11 | 13 ROMANS 5:12-21 | 14 ROMANS 6:1-14 | 15 ROMANS 6:15-7:6 | 16 ROMANS 7:7-25 |
| 17 ROMANS 8:1-17 | 18 ROMANS 8:18-39 | 19 ROMANS 9:1-29 | 20 ROMANS 9:30-10:21 | 21 ROMANS 11:1-15 | 22 ROMANS 11:16-36 | 23 ROMANS 12 |
| 24 ROMANS 13 | 25 ROMANS 14:1-18 | 26 ROMANS 14:19-15:13 | 27 ROMANS 15:14-33 | 28 ROMANS 16 | 29 GALATIANS 1 | 30 GALATIANS 2 |
| 31 | | | | | | |

February 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------|------------------------------|-----------------------------|--------------------------------|------------------------------|------------------------------|-----------------------------|
| | 1 GALATIANS 3:1-14 | 2 GALATIANS 3:15-29 | 3 GALATIANS 4:1-20 | 4 GALATIANS 4:21-5:9 | 5 GALATIANS 5:10-26 | 6 GALATIANS 6 |
| 7 EPHESIANS 1:1-14 | 8 EPHESIANS 1:15-2:10 | 9 EPHESIANS 2:11-22 | 10 EPHESIANS 3 | 11 EPHESIANS 4:1-16 | 12 EPHESIANS 4:17—32 | 13 EPHESIANS 5:1-21 |
| 14 EPHESIANS 5:22-6:9 | 15 EPHESIANS 6:10-24 | 16 PHILIPPIANS 1:1-20 | 17 PHILIPPIANS 1:21-2:11 | 18 PHILIPPIANS 2:12-30 | 19 PHILIPPIANS 3:1-4:1 | 20 PHILIPPIANS 4:2-18 |
| 21 COLOSSIANS 1:1-20 | 22 COLOSSIANS 1:21—2:7 | 23 COLOSSIANS 2:8-3:4 | 24 COLOSSIANS 3:5-4:1 | 25 COLOSSIANS 4:2-18 | 26 PHILEMON | 27 HEBREWS 1 |
| 28 HEBREWS 2 | | | | | | |

March 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------|--------------------------|-------------------------|---------------------------|---------------------------|---------------------------|--------------------------|
| | 1 HEBREWS 3 | 2 HEBREWS 4:1-13 | 3 HEBREWS 4:14-5:10 | 4 HEBREWS 5:11-6:20 | 5 HEBREWS 7 | 6 HEBREWS 8 |
| 7 HEBREWS 9:1-14 | 8 HEBREWS 9:15-28 | 9 HEBREWS 10:1-18 | 10 HEBREWS 10:19-39 | 11 HEBREWS 11:1-16 | 12 HEBREWS 11:17-40 | 13 HEBREWS 12:1-17 |
| 14 HEBREWS 12:18-13:6 | 15 HEBREWS 13:7-25 | 16 TITUS 1:1-2:8 | 17 TITUS 2:9-3:15 | 18 1 TIMOTHY 1 | 19 1 TIMOTHY 2 | 20 1 TIMOTHY 3 |
| 21 1 TIMOTHY 4 | 22 1 TIMOTHY 5 | 23 1 TIMOTHY 6 | 24 2 TIMOTHY 1 | 25 2 TIMOTHY 2 | 26 2 TIMOTHY 3 | 27 2 TIMOTHY 4 |
| 28 JOHN 1:1-18 | 29 JOHN 1:19-51 | 30 JOHN 2:1-22 | 31 JOHN 2:23-3:21 | | | |

April 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------|---------------------------|------------------------|-----------------------|---------------------------|------------------------|-----------------------|
| | | | | 1 JOHN 3:22-36 | 2 JOHN 4:1-30 | 3 JOHN 4:31-54 |
| 4 JOHN 5:1-23 | 5 JOHN 5:234-47 | 6 JOHN 6:1-21 | 7 JOHN 6:22-40 | 8 JOHN 6:41-7:1 | 9 JOHN 7:2-30 | 10 JOHN 7:31-8:11 |
| 11 JOHN 8:12-30 | 12 JOHN 8:31-59 | 13 JOHN 9:1-17 | 14 JOHN 9:18-38 | 15 JOHN 9:39-10:18 | 16 JOHN 10:19-42 | 17 JOHN 11:1-27 |
| 18 JOHN 11:28-54 | 19 JOHN 11:55-12:19 | 20 JOHN 12:20-50 | 21 JOHN 13:1-30 | 22 JOHN 13:31-14:14 | 23 JOHN 14:15-31 | 24 JOHN 15:1-16 |
| 25 JOHN 15:17-16:15 | 26 JOHN 16:16-33 | 27 JOHN 17 | 28 JOHN 18:1-27 | 29 JOHN 18:28-19:16 | 30 JOHN 19:17—42 | |

May 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------------|--------------------------------------|----------------------------|------------------------------|--------------------------------|-------------------------------|-------------------------------|
| | | | | | | 1 JOHN 20 |
| 2 JOHN 21 | 3 1 JOHN 1 | 4 1 JOHN 2:1-17 | 5 1 JOHN 2:18-29 | 6 1 JOHN 3 | 7 1 JOHN 4 | 8 1 JOHN 6 |
| 9 2 JOHN 3 JOHN | 10 REVELATION 1 | 11 REVELATION 2:1-17 | 12 REVELATION 2:18-3:6 | 13 REVELATION 3:7-22 | 14 REVELATION 4:1-5-14 | 15 REVELATION 6 |
| 16 REVELATION 7 | 17 REVELATION 8 | 18 REVELATION 9 | 19 REVELATION 10 | 20 REVELATION 11 | 21 REVELATION 12 | 22 REVELATION 13 |
| 23 REVELATION 14 REVELATION 15 | 24 REVELATION 16 REVELATION 17 | 25 REVELATION 18 | 26 REVELATION 19:1-10 | 27 REVELATION 19:11-20:6 | 28 REVELATION 20:7-21:8 | 29 REVELATION 21:9-22:5 |
| 30 REVELATION 22:6-21 | 31 TAKE A BREAK | | | | | |